



# Ridge Trail 2022 Challenge

August 1 - December 31

Track your progress as you explore four or more Ridge Trail segments. Find maps and more at [RidgeTrail.org/Challenge](https://RidgeTrail.org/Challenge).

Special thanks to our Challenge Sponsor, Whole Foods Market!



\* *Shuttling not possible—Total miles out-and-back*

## North Bay Area Trails

	1-Way Miles	Trail Use Access
<input type="radio"/> Helen Putnam Regional Park	1.1 mi	
<input type="radio"/> Rockville Hills Regional Park	4.2 mi	
<input type="radio"/> Pacific Union College	2.9 mi (*5.8)	
<input type="radio"/> Lynch Canyon Open Space	4.3 mi (*8.6)	
<input type="radio"/> Bolinas Ridge & Samuel P. Taylor State Park	12.5 mi	
<input type="radio"/> Skyline Wilderness Park and Napa Solano Ridge Trail	7.6 mi (*15.2)	

## East Bay Area Trails

	1-Way Miles	Trail Use Access
<input type="radio"/> Pinole Valley Watershed to Sobrante Ridge Preserve	2.7 mi	
<input type="radio"/> Vargas Plateau Regional Park	2 mi (*4)	
<input type="radio"/> Carquinez Strait to John Muir National Historic Site	4.2 mi (+1.1 mi for shuttle)	
<input type="radio"/> Reinhardt Redwood to Anthony Chabot Regional Park	7.5 mi	
<input type="radio"/> Tilden to Reinhardt Redwood Regional Park	9.3 mi	
<input type="radio"/> Mission Peak Regional Preserve & Ed R. Levin County Park	13.5 mi	

South Bay Area Trails	1-Way Miles	Trail Use Access
<input type="radio"/> Coyote Creek North (E William St to Phelan Ave)	2 mi	
<input type="radio"/> Mount Madonna County Park	3.5 mi	
<input type="radio"/> Coyote Lake-Harvey Bear Ranch County Park	5.6 mi	
<input type="radio"/> El Sereno Open Space Preserve	3.5 mi (*7)	
<input type="radio"/> Alum Rock Park to Sierra Vista Open Space	3.9 mi (+1.9 mi for shuttle)	
<input type="radio"/> Sanborn County Park & Castle Rock State Park	5.8 mi	

SF/Peninsula Trails	1-Way Miles	Trail Use Access
<input type="radio"/> San Francisco Presidio	2.7 mi	
<input type="radio"/> Mt Sutro & Phil Arnold Trail	2.8 mi	
<input type="radio"/> Sweeny Ridge	3.2 mi	
<input type="radio"/> Windy Hill Open Space Preserve	3.3 mi	
<input type="radio"/> Skyline & Russian Ridge Open Space Preserves	5 mi	
<input type="radio"/> Purisima Creek Redwoods Open Space Preserve	7.5 mi	

## 2022 Ridge Trail Challenge - Bonus Challenges

**Social [Mission Blue] Butterfly**

Post a pic on social media, tag the **Ridge Trail** + **Whole Foods** AND include **#RTChallenge2022**

**Voice for the Ridge Trail**

Sign up to receive advocacy action alerts via email at [RidgeTrail.org/Advocacy](https://RidgeTrail.org/Advocacy)

**Bonus Bike Adventurer Prize**

For a chance to win a special bike prize, just say you'd like to win it on your finisher form!