

November is Ridge Trail Month



In November we will be holding a limited number of in-person trail care projects with our partners around the Bay Area. Spaces for each project are very limited so we can keep our volunteers safe and healthy. Visit ridgetrail.org/RT-Month for details.

The Bay Area Ridge Trail is a planned 550-mile multi-use recreational trail along the ridgelines surrounding the San Francisco Bay Area. Currently over 385 miles long, the Ridge Trail welcomes all outdoor enthusiasts to explore their local wild right here in the Bay Area. You can find maps, photos, and inspiration for your next adventure at ridgetrail.org.



Thank you to our sponsors for their generous support of our Ridge Trail Month Volunteer and DIY Trail Care Projects. Shout out to REI as the lead sponsor, and a big thanks to Whole Foods for providing wholesome lunches for our trail volunteers!



CELEBRATE THE RIDGE TRAIL!

DIY Trail Care Project

Celebrate Ridge Trail Month by hosting your own Ridge Trail cleanup!



How to Host Your Own Ridge Trail Clean-up



1. Pick a trail: First decide which Ridge Trail section to clean up—maybe a trail near your home or a part of the Ridge Trail you've been planning to visit!

2. Leave no trace: Make a plan to properly dispose of trash and recycling you pick up. Park and land managers may not be regularly collecting trash and recycling, so you may need to dispose of it elsewhere.



3. Gather your supplies: See the checklist to the right for a list of supplies to make your trail clean-up safe and easy. Comfortable shoes and healthy snacks go a long way in keeping energized and happy while you're out on the trail!

4. Call your crew: If you have friends or family within your COVID social bubble, get them involved! Otherwise, a solo trail clean-up can be a safe and enjoyable way to care for your favorite trail.



5. Keep it safe: During your clean-up, be safe and follow all trail rules and etiquette. Wear gloves, a mask, and stay at least 6 feet away from other trail users.



6. Take a Pic: Show us your before and after! Record your trail cleanup project to share on social media.

7. Tag to Win: Tag [@bayarearidgetrail](#), [@REI](#) and [@wholefoodsmarket](#) in your photos on social media. Include [#RidgeTrailMonth](#) for a chance to win awesome prizes!

Supply Checklist

1. Face mask
2. Nitrile or work gloves
3. Trash bags
4. Trash grabber (claw)
5. Long sleeved shirt and pants
6. Comfortable/sturdy shoes
7. Sunscreen and hat
8. Plenty of water and snacks
9. Hand sanitizer
10. First Aid Kit
11. Container for sharp objects (glass jar or similar)

