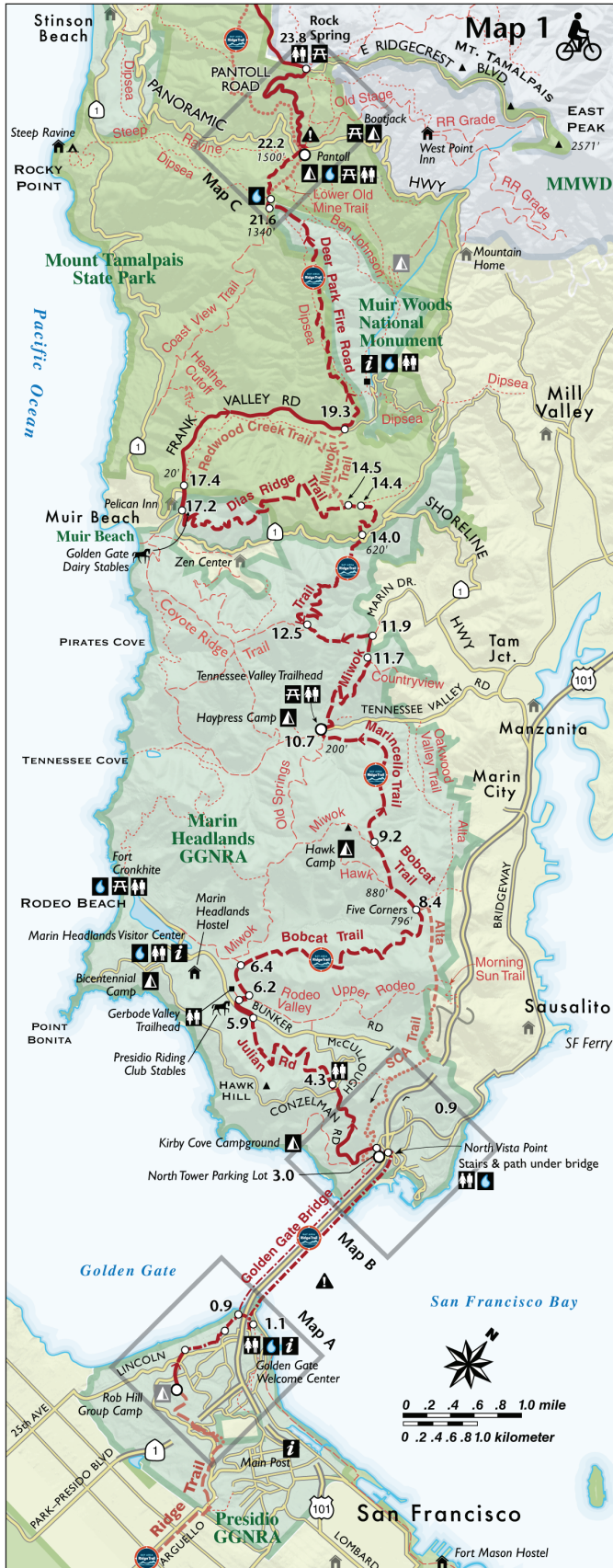
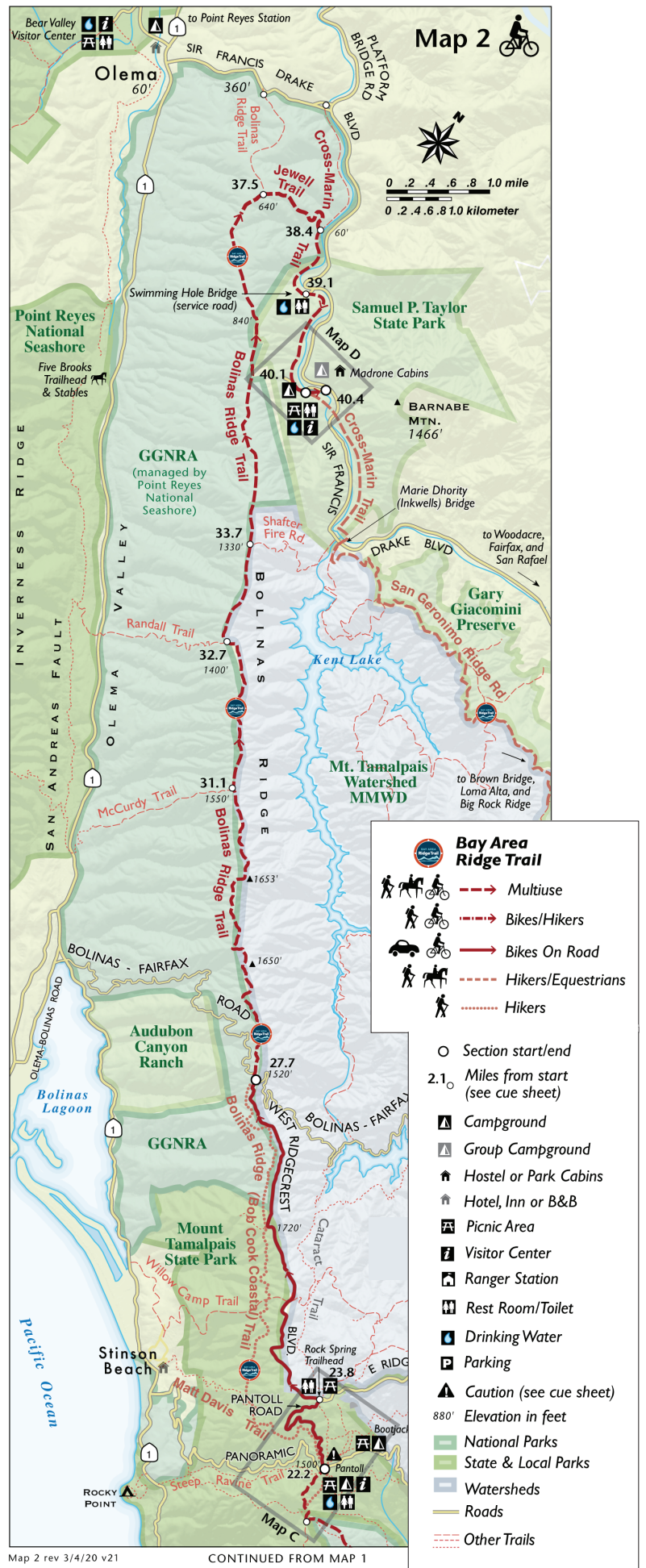




Ride from Rob Hill Group Camp to Samuel P. Taylor State Park



Map 1 rev 3/4/20 v21

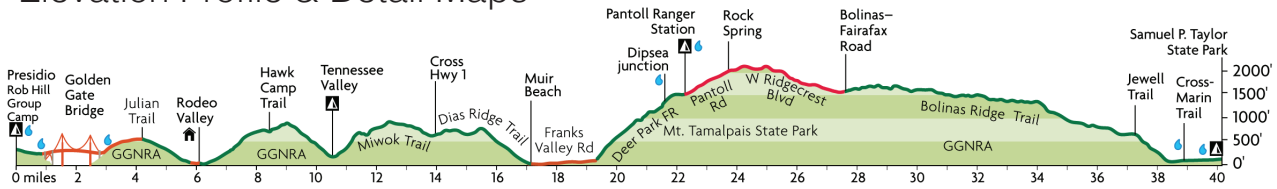


CONTINUED FROM MAP 1

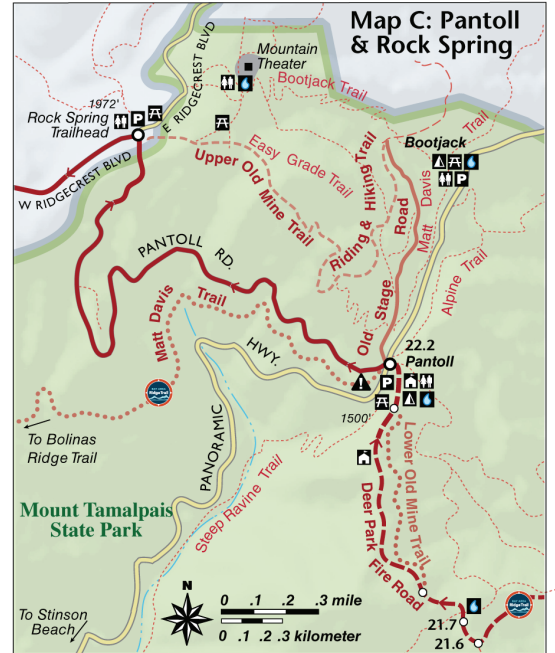


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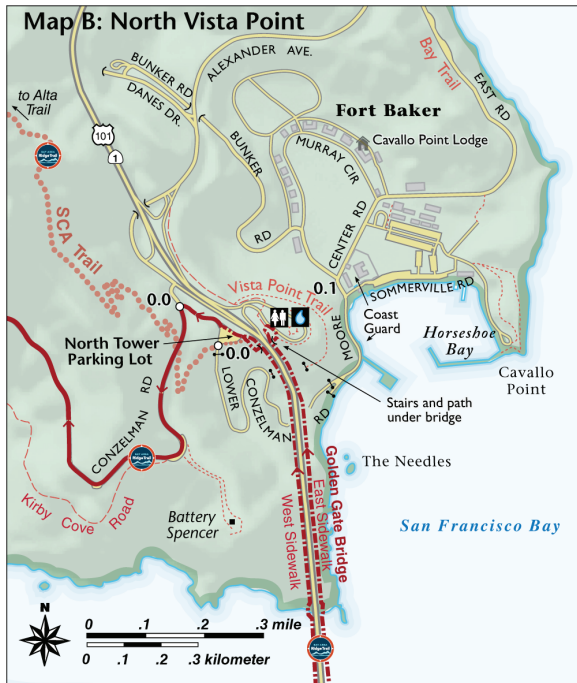
Elevation Profile & Detail Maps



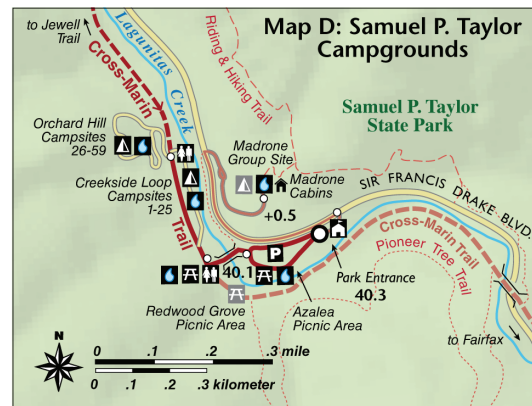
Map A rev 3/4/20 v2



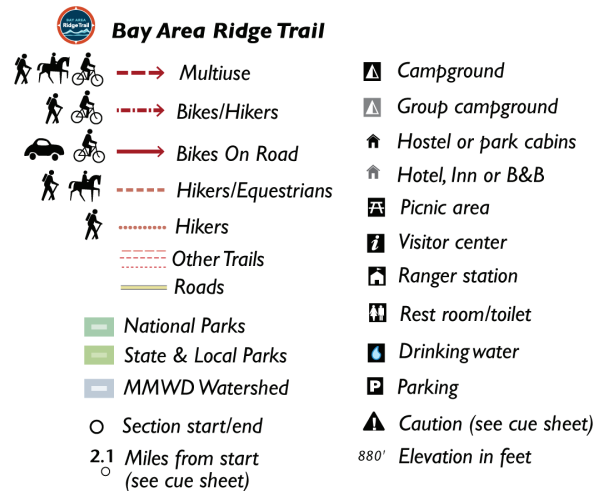
Map C rev 3/4/20 v2



Map B rev 3/4/20 v2



Map D rev 3/4/20 v2



Cue Sheet: Rob Hill Campground to Samuel P. Taylor State Park (40 miles)

List-format text by Ben Pease for Bay Area Ridge Trail

3/4/20, version 3

Formatted in Word with 10 point headings, 9 point Cambria (a MS Word font), 2 columns, 0.75 inch margins

Cue Sheet:

1. Rob Hill to Golden Gate Bridge (1 mile)

Miles from Rob Hill Group Camp

- 0.0 Start from the **Rob Hill Group Campground** entrance. Head west 20 yards on Central Magazine Road then go right (north) along Washington Blvd. (bicyclists ride on the road; hikers use the parallel dirt path).
- 0.2 At a T-intersection with **Lincoln Blvd.** wait your turn then cross straight to the west side Lincoln, and turn right on the **Coastal Trail**. Pause at the nearby **Pacific Overlook** for great views of the Presidio bluffs and the Golden Gate, or to regroup. Follow the wide, gravel bike path north along Lincoln Blvd.
- 0.5 The **Coastal Trail** passes **Langdon Court parking area** and a side trail to the Golden Gate Overlook, then swings past several historic gun batteries and the **Merchant Road parking lot**.
- 0.7 Continue across a gray bridge to the west side of the batteries and north along the top of the Presidio bluffs toward the Golden Gate Bridge.
- 0.9 The Coastal Trail makes a T-junction with a **paved bike path**. Check signs to be sure which bridge sidewalk is open to bikes. **Weekdays after 4:30 PM** and all day on **weekends**, take the right-hand path which goes through a gate to the **west sidewalk of the Golden Gate Bridge**. **Weekdays before 4:30 PM** take the left-hand path under the bridge (shared by the Bay, Anza, Ridge, and Coastal Trails).
- 1.0 At a Y-junction with the Battery East Trail, take the right-hand, **uphill path** to reach the **east sidewalk of the Golden Gate Bridge** at 1.1 mile.

Toll Plaza/Vista Point Side Trip

Miles from Y-junction under Golden Gate Bridge

- 0.0 *As you pass under the bridge, stay left at the Y-junction and descend the **Battery East Trail** (also the Bay Trail and Presidio Promenade)*
- 0.1 *Look for a striped crosswalk; turn right up a **gravel path** to the plaza and park your bike by the Golden Gate Bridge Welcome Center, a big orange gift shop which also has helpful rangers. Find restrooms just across the road. Nearby are a snack bar, historic photos and displays about the design of the bridge.*
- 0.2 **Retrace your route** to the bridge and the east or west sidewalk.

2. Golden Gate Bridge (1.9 miles)

Miles from Rob Hill Group Camp

- 1.1 Start across the **east sidewalk** (weekdays before 4:30 PM) or **west sidewalk** (after 4:30 PM and on weekends)

On the Golden Gate Bridge, ride carefully and predictably, and watch out for walkers, runners, photographers, and bicyclists of all ages, speeds and abilities. Watch your speed. Bikes ride closer to the roadway (happily there is now a railing). Walk bikes around the towers, where visibility is limited.

- 2.8 The **west sidewalk** ends directly at **North Tower parking lot**. Stairs and a walkway cross under the highway to the restrooms at North Vista Point, if needed.
- 2.9 The **east sidewalk** ends at **North Vista Point**. Make a sharp right turn south on the sidewalk by the parking lot. Restrooms and benches are to your left near the sailor statue, and the overlook is straight ahead. A few feet ahead, dismount and wheel your bike down a steep **stairway** and along a **walkway** under the bridge deck.
- 3.0 Climb the stairs on the west side to the less-glamorous **North Tower parking lot**.

3. Marin Headlands to Tennessee Valley (7.7 miles)

Miles from Rob Hill Group Camp

- 3.0 At the **North Tower parking lot** the Bay Trail and Ridge Trail hikers branch left, but Ridge Trail cyclists go north through the parking lot.
- 3.2 Turn left and start up **Conzelman Road**. (Westbound cyclists have a bike lane, eastbound cyclists descend in the traffic lane). You'll pass several scenic pullouts on the south side of the road.
- 4.3 At the traffic circle, go past McCullough Road and straight into a small parking lot with a toilet. Continue straight on **Julian Road**, a gravel fire road which descends steadily along the north flank of Hawk Hill. *Watch your speed and be alert for ruts.*
- 5.9 The old Army rifle range marks your arrival in Rodeo Valley. Continue west briefly on the right shoulder of **Bunker Road**. *The road continues west to GGNRA's Marin Headlands Visitor Center (the old Fort Barry chapel), Hostel International's Marin Headlands Hostel, Bicentennial Camp, and Rodeo Beach.*
- 6.0 Opposite Presidio Riding Club Stables, turn right down **Smith Trail** toward Gerbode Valley Trailhead (parking and toilet).
- 6.1 Branch right on **Smith Trail** to cross Rodeo Creek on a long bridge.
- 6.2 Turn left on **Rodeo Valley Trail**, which goes down the valley then over a low ridge to a junction with the Bobcat Trail.
- 6.4 The **Bobcat Trail** starts out gently past the site of an old dairy ranch, marked by a eucalyptus grove and some old fruit trees, but soon begins a steady climb up the east side of Gerbode Valley.
- 8.4 Pass **Five Corners**, where a short spur on your right goes to Alta Trail (the Ridge Trail's hiking route from the Golden Gate). Stay straight on the **Bobcat Trail**, which dips briefly across a meadowy saddle, then climbs some more.
- 8.9 Pass **Hawk Camp Trail** which goes left +0.5 mile to **Hawk Backpack Camp** (toilet, no water, permit required).

- 9.2 The Bobcat Trail ends at a junction. Miwok Trail branches left. Your route straight ahead is now called **Marincello Road**. This wide road was bulldozed in the 1960s as the entrance to a proposed development that activists defeated. Enjoy the long downhill.
- 10.7 Coast into **Tennessee Valley Trailhead** where there is a busy parking lot, pit toilet, and picnic tables.

Haypress Backpack Camp Side Trip

Miles from Tennessee Valley Trailhead

- +0.0 Go west down **Tennessee Valley Trail**.
- +0.3 Turn right up **Haypress Trail**
- +0.8 Arrive at **Haypress Backpack Camp** (outhouse, no water; reservations required).

Tennessee Valley to Pantoll (11.5 miles)

Miles from Rob Hill Group Camp

- 10.7 From the north edge of Tennessee Valley parking area, just east of the toilets, start east on the **Miwok Trail**. Cross the creek and pass the Rhubarb Trail junction. The single-track trail switchbacks out of the valley and onto the brushy ridge.
- 11.7 County View Trail enters right; stay left on the **Miwok Trail**, now a fire road.
- 11.9 Descending through a eucalyptus grove, stay left on **Miwok Trail**, which climbs west back to the ridge. The other trail descends right to Marin Drive.
- 12.5 Where Coyote Ridge Trail branches left up the main ridge, we stay right on the **Miwok Trail** across the brushy flank of Coyote Ridge.
- 14.0 Arriving at **Shoreline Highway**, follow the path along the near shoulder, then cross at the gulch when safe. Continue up the **Miwok Trail** toward Dias Ridge.
- 14.4 Turn left at the ridge. The trail on the right goes 0.4 mile east to roadside parking on Panoramic Hwy.
- 14.5 The Ridge Trail's hiking/equestrian route turns right on Miwok Trail toward Muir Woods; bicyclists go straight on **Dias Ridge Trail**, a single-track trail to Muir Beach.
- 17.2 Dias Ridge Trail ends at Golden Gate Valley Stables. Turn right along **Shoreline Hwy. (Hwy. 1)**. There is no shoulder on this brief stretch; stay to the right but take the space you need.
- 17.4 Where Highway 1 turns left; continue straight on **Frank Valley Road**, also known as Muir Woods Road. (Nearby Redwood Creek Trail is open only to hikers and equestrians). Follow this road up the bucolic Redwood Creek valley.
- 19.3 A GGNRA trail sign and blue Ridge Trail logo marks the turnoff for **Deer Park Fire Road**, your route to Pantoll. Turn left here and gear down for a long ascent up a scenic ridge. (*Muir Woods National Monument is +0.5 mile further up Frank Valley Road*). The main entrance has restrooms, water, a gift shop, café, and really big trees. Parking by reservation only. As you ascend **Deer Park Fire Road**, the single-track Dipsea Trail crosses several times.
- 21.6 On an open ridge, **Deer Park Fire Road** meets the single-track Coast View Trail. Stay right.
- 21.7 **Deer Park Fire Road** crosses the Dipsea Trail one last time then reenters the forest, now mostly level.

Pass the Lower Old Mine Trail (a parallel hiking route) and park maintenance shops.

- 22.2 Arrive at **Pantoll**, at Mount Tamalpais State Park. Facilities include parking, restrooms, a ranger station, water, picnic tables, and walk-in campsites (reservation recommended). There is additional walk-in camping 1 mile east down Panoramic Hwy. at *Bootjack Picnic Area* (reservation recommended).

Pantoll to Samuel P. Taylor State Park (18 miles)

Miles from Rob Hill Group Camp

- 22.2 Carefully cross busy **Panoramic Hwy.** and start up **Pantoll Road**, a narrow two-lane paved road with no shoulders and occasional pullouts. The road climbs steadily from shady forest to open grasslands.
- 23.8 By the **Rock Spring trailhead** find portable toilets and picnic tables. Turn left (west) on **West Ridgecrest Blvd.**, a lively two-lane road route along a grassy ridgeline with coastal views.
- 27.7 West Ridgecrest meets **Bolinas-Fairfax Road** in a shady fir/redwood forest. Go straight on **Bolinas Ridge Fire Trail**, a graded fire road.
- 31.1 Pass McCurdy Trail, which descends west to Hwy. 1.
- 32.7 Pass Randall Trail, which descends west to Hwy. 1.
- 33.7 Pass Shafter Trail, which descends east to Shafter Bridge. Bolinas Ridge Trail soon reenters open meadow. *This land is grazed; leave ranch gates how you found them.*
- 37.5 Leave **Bolinas Ridge Trail**, which goes straight to Sir Francis Drake Blvd. above Olema. Descend right down **Jewell Trail**, another graded fire road.
- 38.4 Turn right on paved **Cross Marin Trail**, which follows the old North Pacific Coast Railroad grade along Lagunitas Creek. Soon you glide into Samuel P. Taylor State Park.
- 39.1 Cross a service road and Fishing Hole Bridge and the state park offices. Find restrooms here.
- 40.0 A paved road goes right up to **Orchard Hill campsites 26-59**. Continue through **Creekside Loop campsites 1-25**. Share the narrow road with hikers, campers, and cars. (*Restrooms, showers, and water, reservations recommended*)
- 40.2 Turn left on the bridge over Lagunitas Creek, by Redwood Group Area. Go through the park's Azalea Picnic day-use area, to the entrance station.
- 40.3 Check with the ranger at the entrance station for park and camping information.

Extension to Madrone Group Camp

Miles from Samuel P. Taylor entrance station

- +0.0 Go left from park entrance on Sir Francis Drake Blvd. when it's safe, and ride north, with traffic.
- +0.3 Turn right into the driveway for the group camp and go up the hill, past the gate.
- +0.5 Arrive **Madrone Group Campground** and **Madrone Cabins** (reservations required).