

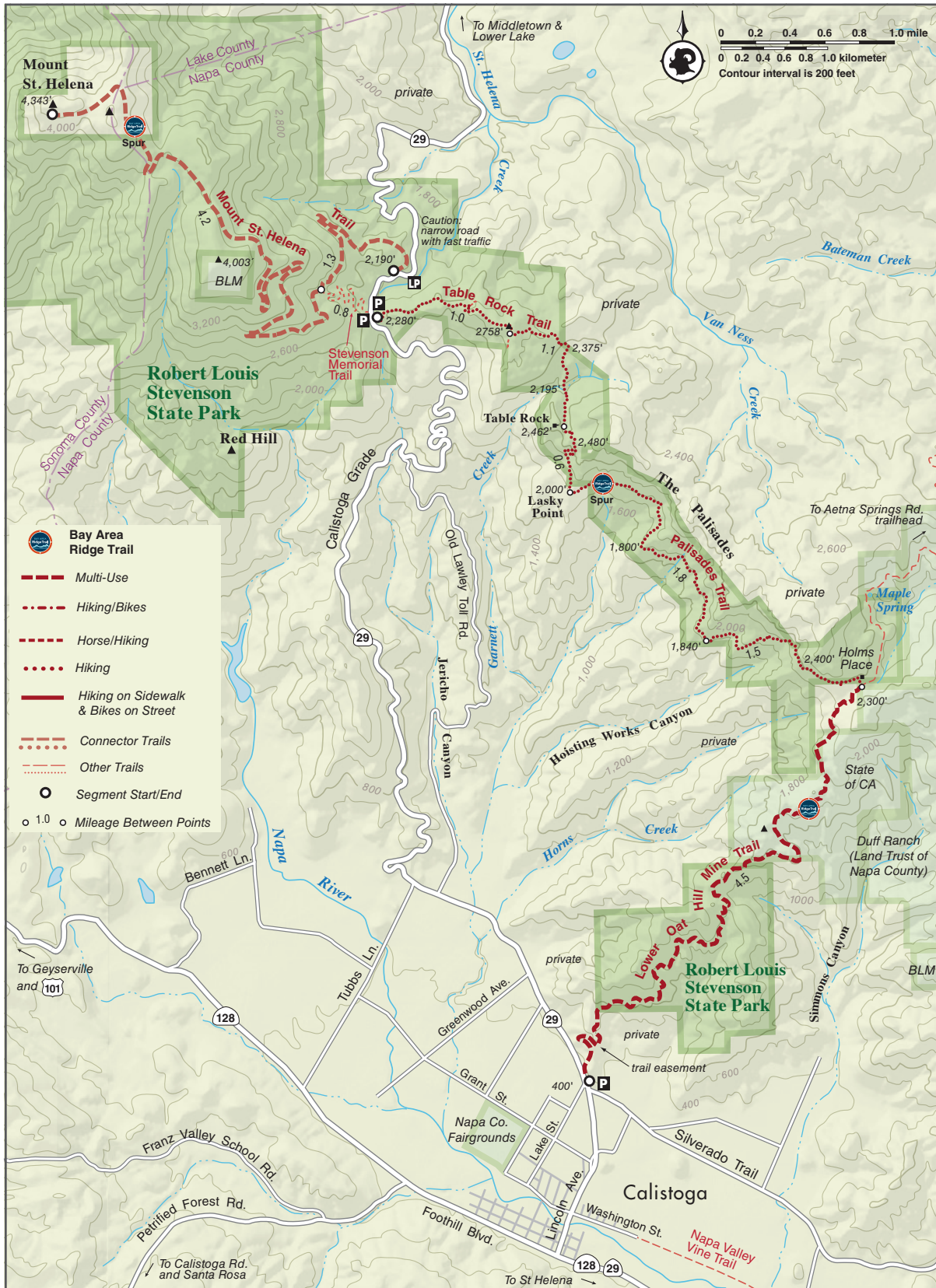


Robert Louis Stevenson State Park: Table Rock and Palisades Spur

Napa County

From: CA 29

To: Oat Hill Mine Trail in Calistoga



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www.RidgeTrail.org

Robert Louis Stevenson State Park: Table Rock and Palisades Spur

From: CA 29

To: Oat Hill Mine Trail in Calistoga

Length: 6 miles one-way (10.5 miles one way when combined with Lower Oat Hill Mine Trail; car shuttle possible)

Elevation Gain/Loss: 1,280 feet/1,410 feet one-way

Accessibility: Hikers only

This spur trail, solely used by hikers, is challenging, often overgrown trail over steep, rocky terrain. The views are spectacular and it's a unique experience, particularly at Table Rock, to be up close to the volcanic mountains. Most trail users do a one-way trip from the CA 29 Trailhead near Mount St. Helena to the Lower Oat Hill Mine trailhead, instead of the reverse, because the 3,200-foot elevation change is far easier as a descent. Try to do this hike between April and June, when the wildflowers are blooming.

Note, this trail is technically difficult and parking is typically limited at the trailhead. Be sure to check the daily trail conditions on the [Napa Open Space homepage](#) for trail closures. We recommend you use a mobile app map of the trail. These can be downloaded here: [Outerspatial](#) or [AllTrails](#).

This trail description is excerpted from the 2019 Guidebook. For details on all trails, trailheads and more [buy the book](#) from Wilderness Press.

For more resources to plan your trip, visit our [Trail Tools](#) page.

LINK to buy book: <https://advkeen.co/BayAreaRidgeTrail>

LINK to Trail Tools: <https://ridgetrail.org/trail-tools/>