



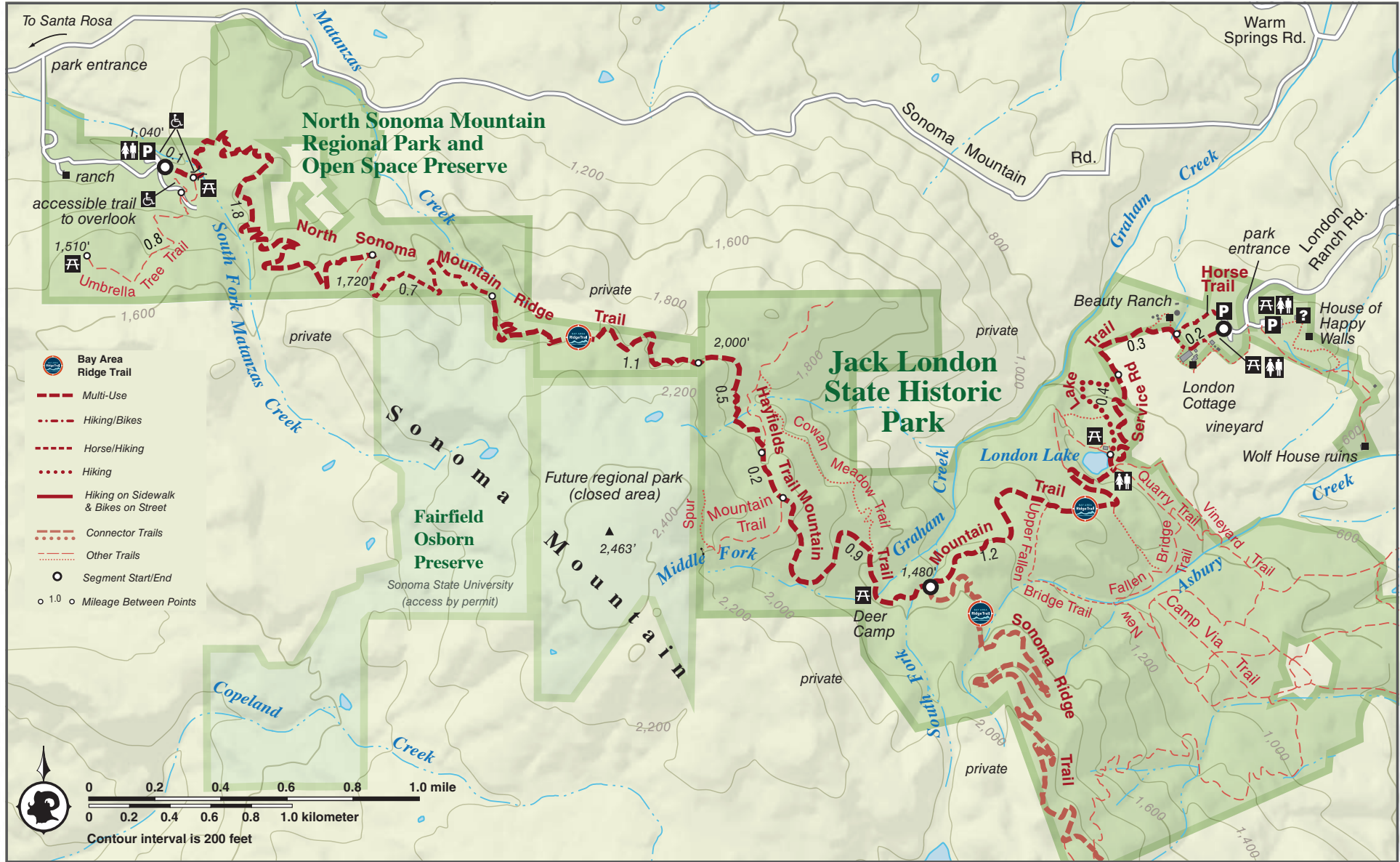
Jack London State Historic Park and North Sonoma Mountain Regional Park

Sonoma County

and Open Space Preserve

From: Lake Trail in Glen Ellen

To: North Sonoma Mountain Park Trailhead in Santa Rosa



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Jack London State Historic Park and North Sonoma Mountain Regional Park and Open Space Preserve

From: Lake Trail in Glen Ellen

To: North Sonoma Mountain Park Trailhead in Santa Rosa

Length: 7.4 miles one-way (includes 2.1-mile connector trail); car shuttle possible.

Elevation Gain/Loss: 1,695 feet/1,345 feet one-way

Accessibility: Hikers, equestrians, and mountain bikers (except bikes prohibited on a 0.7-mile section)

Join the main Ridge Trail route from a 2.1-mile connector trail through redwood and oak forests. The Ridge Trail then travels north on the Mountain Trail and North Sonoma Mountain Ridge Trail. It passes through forests and grasslands on the eastern and northern flanks of Sonoma Mountain; you'll travel on a fire road to reach lofty heights with grand views of the Sonoma Valley, then descend on a well-designed narrow trail through beautiful oak woodlands.

This trail description is excerpted from the 2019 Guidebook. For details on all trails, trailheads and more [buy the book](#) from Wilderness Press.

For more resources to plan your trip, visit our [Trail Tools](#) page.

LINK to buy book: <https://advkeen.co/BayAreaRidgeTrail>

LINK to trail tools: <https://ridgetrail.org/trail-tools/>

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