

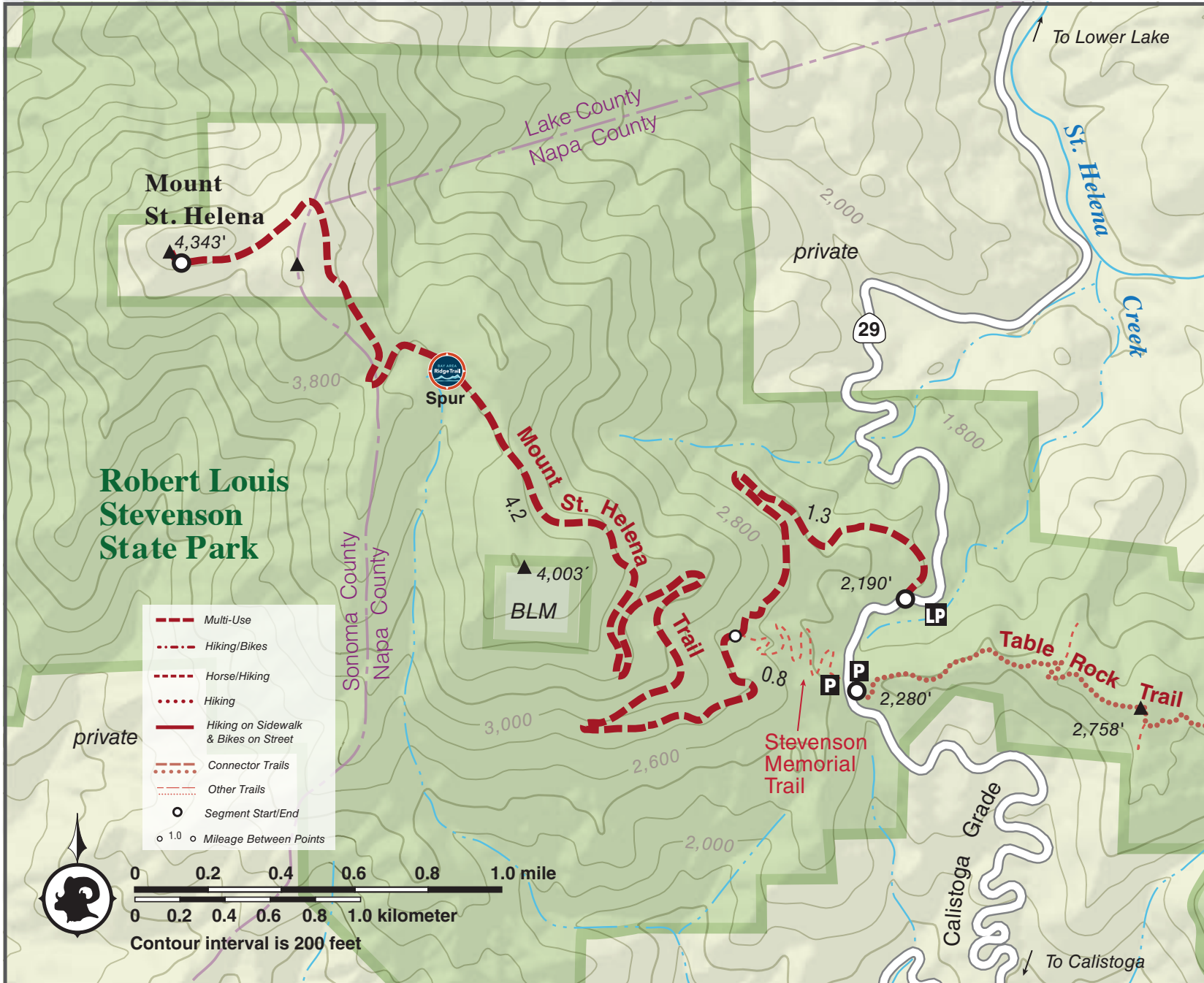


# Robert Louis Stevenson State Park to Mount St. Helena Spur

From: CA 29

To: Mount St. Helena Summit in Calistoga

North Bay



Post your photos @bayarearidgetrail and see them on our website. #bayarearidgetrail



## Robert Louis Stevenson State Park to Mount St. Helena Spur

**From:** CA 29

**To:** Mount St. Helena Summit in Calistoga

**Length:** 5 miles one way for hikers; 5.5 miles one way for multiuse route (plus 5-mile or 5.5-mile return)

**Elevation Gain/Loss:** 1,790 feet/15 feet one-way for hikers, 1,990 feet/15 feet one-way for multiuse route

**Accessibility:** Hikers, equestrians, and mountain bikers; hikers can take a hiker-only connector trail

Mount St. Helena, the second-highest mountain in the Bay Area, is the northernmost point of the Ridge Trail. The summit is at 4,343 feet, and the views from the trail and at the top are spectacular. The dedicated Ridge Trail is the multiuse fire road, which has inadequate parking at the trailhead; extreme caution is advised along busy CA 29. It is recommended that hikers take the Stevenson Memorial Trail, the hiking-only connector from the main parking area (the Table Rock Trail is on the opposite side of CA 29). If taking this trip in the summer, start early to minimize sun exposure.

This trail description is excerpted from the 2019 Guidebook. For details on all trails, trailheads and more [buy the book](#) from Wilderness Press.

For more resources to plan your trip, visit our [Trail Tools](#) page.

LINK to buy book: <https://advkeen.co/BayAreaRidgeTrail>

LINK to Trail Tools: <https://ridgetrail.org/trail-tools/>

Post your photos [@bayarearidgetrail](#) and see them on our website. [#bayarearidgetrail](#)