



# Anthony Chabot Regional Park

Alameda County

From: Bort Meadow in Oakland

To: Chabot Staging Area in Castro Valley



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## Anthony Chabot Regional Park

**From:** Bort Meadow in Oakland

**To:** Chabot Staging Area in Castro Valley

**Length:** 6.6 miles one-way for hikers and equestrians, 6.7 miles one way for multiuse route; car shuttle possible.

**Elevation Gain/Loss:** 545 feet/870 feet one-way

**Accessibility:** Hikers, equestrians, and mountain bikers

Explore the 3,314-acre Anthony Chabot Regional Park along a trail that runs through a long, grassy valley and beside a willow-lined creek, then climbs gradually through eucalyptus forests to the ridge-top. Take in sweeping views, then descend into a valley through grassland and oak woodland. Mostly on wide service trails, this route offers half sun and half shade.

This trail description is excerpted from the 2019 Guidebook. For details on all trails, trailheads and more [buy the book](#) from Wilderness Press.

For more resources to plan your trip, visit our [Trail Tools](#) page.

LINK to buy book: <https://advkeen.co/BayAreaRidgeTrail>

LINK to Trail Tools: <https://ridgetrail.org/trail-tools/>

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The Bay Area Ridge Trail Council ▶ (415) 561-2595 ▶ [RidgeTrail.org](http://RidgeTrail.org) ▶ [#bayarearidgetrail](https://www.instagram.com/bayarearidgetrail)