Lake Merced to Stern Grove
San Francisco County

Bay Area Ridge Trail
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Post your photos on Instagram @BayAreaRidgeTrail and see them on our website. #ontheridgetrail
Distance: 4.1 miles:

From: San Mateo County line (at junction of Lake Merced Blvd. and John Muir Blvd.)
To: Trocadero Inn

Pace off a Measured Mile along Lake Merced’s pedestrian/bicycle path. Begin this diverse San Francisco stroll or ride at the southern end of Lake Merced (and watch for our Measured Mile interpretive panel). On your way to historic Stern Grove you’ll pass two freshwater lakes, dip into sunny and protected glens, and if you time it right, catch a show at the famous amphitheatre. Paths are mostly paved. A steep 115-foot climb in the last 0.1 mile gives you a sense of accomplishment.