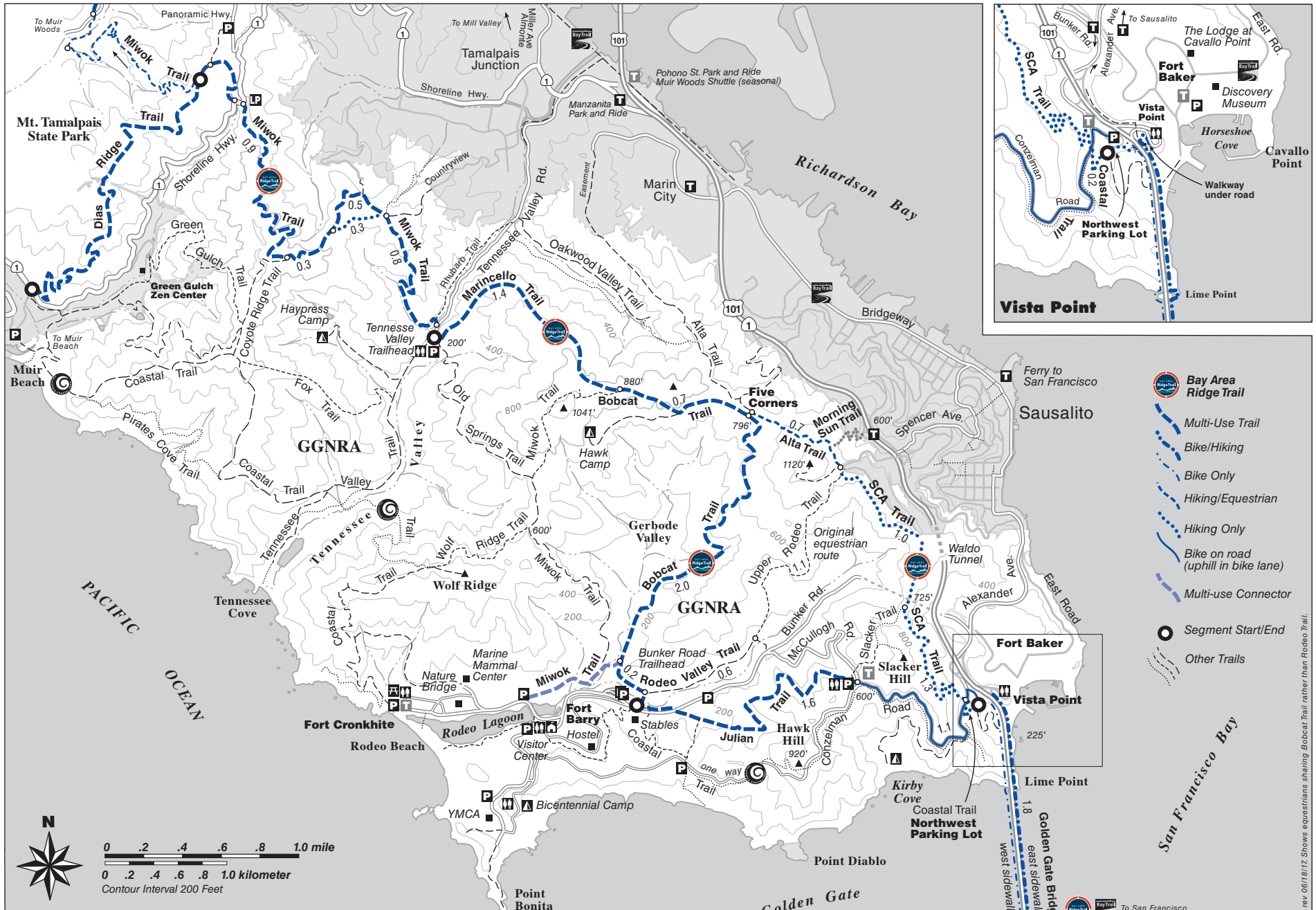




Marin Headlands Golden Gate Bridge to Tennessee Valley to Shoreline Highway

Marin County



The Bay Area Ridge Trail Council ▲ 1007 General Kennedy Ave., Suite 3 ▲ San Francisco, CA 94129-1405 ▲ (415) 561-2595 ▲ RidgeTrail.org

Distance: 8.2 miles:

5.1 miles: Golden Gate Bridge to Tennessee Valley

3.1 miles: Tennessee Valley to Shoreline Highway

From: Golden Gate Bridge

To: Shoreline Highway

This dramatic trip takes you from the landmark Golden Gate Bridge into the hills of the Marin Headlands—you climb through open grassland and coastal chaparral to the ridge above Sausalito and descend into the wide ravine of Tennessee Valley. You'll have spectacular views of San Francisco Bay, the Marin Headlands, and the Pacific Ocean. On narrow paths and wide service roads, you'll climb and descend 600 feet; come prepared for wind and fog.

Note: Cyclists use Conzelman Road to Julian/Coastal Trail to Bobcat Trail; equestrians start at Bunker Road and take Rodeo Valley Trail.

Tennessee Valley lies at a low divide between Coyote and Wolf ridges, from which creeks flow east to Richardson Bay and west to the ocean. The Ridge Trail route climbs northwest along the Miwok Trail, a narrow and sometimes steep trail that ascends 800 feet toward Coyote Ridge; you'll have sweeping views of San Francisco Bay, see bountiful spring wildflowers, and catch cool ocean breezes. Fog and wind will often accompany you over these coastal hillsides. You reach Highway 1 on a gentle descent along a wide service road.